



August / September 2007

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YMA NEWS

Hello,

Where has the summer gone? It seems like just a couple of days ago we watched the last of the snow melt and treated our boots for the season.

Over the last three months we have completed many exciting rock climbing & mountaineering adventures. Many thanks to all who made it out to the Rockies this summer.

The fall is a great time to extend the season. September 16th our Introduction to Mountaineering departure signals our last instructional course of the season. After that, it's time to bring out the skis and sharpen the ice tools!

This winter we will see an exciting new ski trip; Powder Skiing in **Hakkaido, Japan**. Our hut / lodge based ski program departures have increased and are already filling up. The avalanche safety courses start at the end of November and early December we will be launching the ice program. We hope you can join us. Our summer 2008 schedule will be available in early October.

Happy climbing,

Rob Davidson
Assistant Director



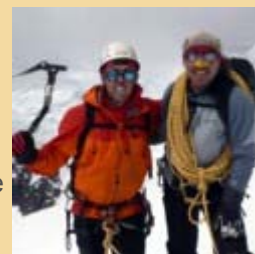
PERU 2007

At the request of five long standing Yamnuska clients, Yam guides Barry Blanchard and Steve Holeczi designed and guided a custom mountaineering trip to the Cordillera Blanca in Peru this spring.

"It was the Dream Team of Climbing Guides", said Bryce, one of the clients. "We had absolutely the best guides, both of whom had previous experience in Peru. Yamnuska partnered with an outstanding Peruvian outfitter who supplied the burros, camp cook, porters and other logistical support."

The team claimed prime real estate in the Ishinca Valley for 10 days. The Yamnuska encampment consisted of a dining tent, a cook tent, a guides' tent, and four client tents. For some of the group, this was their first high altitude climbing trip, so the Ishinca Valley at 4,500 m (14,400 feet) was ideal for acclimatization and rest days between the big climbs.

With picture perfect weather for each of the climb days, the team summited Ishinca 5,500m (18,138'), Urus 5420m (17,778') and Tocllaraju 6052m (19,785).



"I was tired, hungry and cold as we stepped on to "Toc"'s summit but I felt Barry and Steve had prepared us all week by pacing our climbs, ensuring we had sufficient rest days so we remained strong", said Margaret.

"Everything about the trip was up to Yam's quality standards", said John, who has climbed and skied with Barry for over 20 years. In fact, John introduced the next generation of his clan to Yamnuska Mountain Adventures by bringing along his son Conan.

The final word came from Deb; "When's our next trip with Yam?"

Courtesy of Margaret Imai-Compton

BANFF MOUNTAIN BOOK FESTIVAL - YAMNUSKA MOUNTAIN ADVENTURES SPONSORS AWARD

Yamnuska Mountain Adventures is proud to sponsor the 2007 Banff Mountain Book Festival's award for Best Book - Mountain Exposition. The award is for guide or instructional books aimed at mountain activities.



The Banff Mountain Festivals takes place October 27 to November 4, 2007 at the Banff Centre. It is a great way to meet fellow mountain lovers, listen to great stories, participate in discussions on all aspects of mountain culture and watch amazing adventure films.

Come visit us in the Eric Harvie theatre during the mountain trade show, November 2-4.

[Click here to learn more about the Banff Mountain Festivals.](#)



El Pico D'Orizaba Expedition Mexican Volcanoes

Citlalteptl, also know by its Spanish name, el Pico D'Orizaba, rises to a height of 5660 meters or 18,565 feet above sea level. The summit is glaciated on its northern side, the side of our ascent line. A safe ascent demands that climbers are comfortable on crampons on moderately steep slopes. It's high elevation demands some attention and time be given to acclimatization.

What makes this peak so enjoyable and interesting is not so much its mountaineering difficulty but the entire experience involved from starting in one of the worlds great cities to traveling through rural Mexico and camping and hiking on the mountains lush lower slopes whilst we acclimatize.

[Click here to learn more about El Pico D'Orizaba Expedition.](#)

INTRODUCTION TO MOUNTAINEERING - Sept 16 - 21

This intensive mountaineering instruction course in the Canadian Rockies provides a grounding in alpine mountaineering: climbing on snow, ice, rock & mixed terrain, glacier travel, crevasse rescue & navigation. Experience the thrills of your first summits, enjoy great company & be left ready to continue on your own or to join us on our advanced programs & expeditions.



The only prerequisites? A desire to learn, good physical fitness & a positive, adventurous attitude.

[Click here to learn more about the Intro to Mountaineering.](#)

PHOTOGRAPHS - WE NEED YOUR HELP!

We are looking for great photos from the last couple of years that highlights some of the best of the Rockies! If you have participated on a hike with us and would like to share your image, please send us a copy to info@yamnuska.com. We hope to use the images on our website.

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